# **Support for Pregnant Mothers**

There are more than

200

locations offering support to pregnant mothers in Indiana!

Pregnancy Help Centers

Community Resources

Safe Haven Baby Boxes



Pregnancy Help Center	County	
A Loving Choice Adoption Services		
The Hope Clinic - Decatur	Adams	
A Hope Center, S. Calhoun St.	Allen	
Healthier Moms and Babies NFP	Allen	
A Hope Center	Allen	
A Hope Center	Allen	
Women's Care Center	Allen	
A Mother's Hope	Allen	
A Hope Center Mobile Unit	Allen	
Clarity Care - Columbus	Bartholomew	
Gabriel Project - St. Bartholomew	Bartholomew	
Helping Hands - Montpelier	Blackford	
Pregnancy Choices Indy - Lebanon	Boone	
Clarity Care	Brown	
Birthright of Delphi	Carroll	
Birthright of Logansport	Cass	
Living Alternatives Pregnancy Resource Center	Clinton	
First Choice Solutions	Daviess	
Pregnancy Care Center of Southeast Indiana	Dearborn	
Clarity Care	Decatur	
DeKalb Pregnancy Center	DeKalb	
Women's Care Center	DeKalb	
First Choice for Women	Delaware	

Women's Care Center	Elkhart
RETA Pregnancy Clinic and Family Resources	Elkhart
Hope Center	Fayette
Choices Life Resource Center	Floyd
Women's Resource Center Covington	Fountain
Pregnancy Help Center	Franklin
Pregnancy Help Center	Grant
Pregnancy Choices	Greene
Merciful HELP Center	Hamilton
The O'Connor House	Hamilton
Birthright of Cicero	Hamilton
Pregnancy Center Indy- Noblesville	Hamilton
Life Choices Care Center	Hancock
Choices Life Resource Center- Corydon	Harrison
Gabriel Project - St Malachy Catholic Church	Hendricks
Gabriel Project - St. Susanna Catholic Church	Hendricks
Henry County Pregnancy Care Center	Henry
Living Alternatives Pregnancy Resource Center	Howard
Birthright of Kokomo	Howard
Clarity Care - Seymour	Jackson
The Women's Center of Northwest Indiana	Jasper
Birthright of Rennselaer	Jasper
Life Choices Clinic	Jefferson
Clarity Care	Jennings
Care Net Pregnancy Centers of Central Indiana, Inc Franklin	Johnson

Gabriel Project - Sts. Francis and Clare	Johnson
Angelcare, Inc	Johnson
Heartline Pregnancy Center, Inc	Kosciusko
The Women's Center of Northwest Indiana	Lake
The Women's Center of Northwest Indiana	Lake
Women's Care Center	Lake
The Women's Center of Northwest Indiana	Lake
The Answer for Pregnanacy Aid	Lake
Mommy's Haven	Lake
Women's Care Center	Lake
Women's Care Center	LaPorte
Women's Care Center	LaPorte
Hope Resource Center	Lawrence
First Choice for Women Anderson	Madison
First Choice for Women Anderson	Madison
1st Choice for Women	Marion
So Big/Mountain House	Marion
Pregnancy Choices Indy - East Indianapolis	Marion
Pregnancy Choices Indy - West Indianapolis	Marion
Pregnancy Choices Indy - vvest malanapolis	Marion
Pregnancy Choices Indy - Indianapolis  Pregnancy Choices Indy - South Indianapolis	Marion
Life Centers Administration Office	Marion
Birthline Indianapolis	Marion
Goodwill of Central and Southern NFP	Marion
	Marion
St Elizabeth Coleman Pregnancy/Adoption Services	Marion
Women's Care Center	Marion
Servant's Heart of Indy, Inc.	Marion
Bethany Christian Services - Indianapolis	
Gabriel Project - St. Monica Catholic Church	Marion
Gabriel Project - Little Flower Catholic Church	Marion
Gabriel Project - Holy Rosary Catholic Church	Marion Marion
Gabriel Project - St. Ann Catholic Church	
Women's Care Center	Marshall Miami
Birthright of Peru	Monroe
Women's Care Center	Monroe
IU Health/Community Health NFP	
Hannah Center	Monroe
Women's Resource Center Crawfordsville	Montgomery
Care Net Pregnancy Centers of Central Indiana, Inc	Morgan
Mooresville	Owen
New Beginnings PRC	Porter
The Women's Center of Northwest Indiana	Porter
Birthright of Valparaiso  Care Net Pregnancy Center of Putnam County	Putnam
	Randolph
Pregnancy Decision Resources	Shelby
Clarity Care - Shelbyville	
Women's Care Center	St Joseph
Hannah House Michiana	St Joseph
Goodwill of Michiana NFP	St Joseph
Women's Care Center	St Joseph
Bella Vita Pregnancy Center	Starke
Gifts of Grace Adoption Support Center	Tippecanoe
Matrix LifeCare Center	Tippecanoe
Birthright of Evansville	Vanderburgh
Trotter House of Evansville	Vanderburgh
Evansville Christian Health Clinic	Vanderburgh
Crisis Pregnancy Center of the Wabash Valley	Vigo
Choices Life Resource Center- Salem	Washington
Surety Community Ladies Center	Wayne
Birthright of Richmond	Wayne
Helping Hands - Blufton	Wells Whitley
A Hope Center- Columbia City	

Community Resources	County
Safe Haven Baby Boxes	Allen
Miss Virginia's Mission House	Allen
Community Harvest Food Bank	Allen
Salvation Army Distribution Center	Bartholomew
Parenting With Purpose	Clark, Floyd, Harrison
Healing Hidden Hurts	Hamilton
Food Bank of Northwest Indiana	Lake
St. Jude House	Lake
Sojourner Truth House	Lake
Hope Center Indy	Marion
Crooked Creek Food Pantry	Marion
Wheeler Mission Center for Women and Children	Marion

St. Vincent De Paul Society of Indianapolis	Marion
Servant's Heart of Indy	Marion
Middle Way House	Monroe
Mother Hubbards Cupboard	Monroe
Hoosier Hills Food Bank	Monroe
Gabriel's Horn Homeless Shelter	Porter
Northeast Neighborhood Center	St Joseph
Building Blocks	Vanderburgh
St. Vincent De Paul Society of Evansville	Vanderburgh
Tri-State Food Bank	Vanderburgh
Holly's House - Evansville	Vanderburgh
Hearts Restored (Columbus, Greensburg, Nashville Shelbyville)	, North Vernon, Seymour and

### Indiana Cities with Safe Haven Baby Boxes:

Angola, IN	Auburn, IN
Batesville, IN	Bedford, IN
Bluffton, IN	Boonville, IN
Brownsburg, IN	Chesterton, IN
Clarksville, IN	Columbia City, IN
Connersville, IN	Corydon, IN
Crawfordsville, IN	Crown Point, IN
Danville, IN	Decatur, IN
East Chicago, IN	Eikhart, IN
Evansville, IN (2)	Ferdinand, IN
Floyds Knobs, IN	Fort Wayne, IN
Fortville, IN	Frankfort, IN
Franklin, IN	Gary, IN
Greencastle, IN	Greensburg, IN
Greenwood, IN	Hammond, IN
Hanover, IN	Hobart, IN
Huntington, IN	Indianapolis, IN (3)
Jeffersonville, IN	Kendallville, IN
Kokomo, IN	Lafavette, IN
Lake Station, IN	Lawrenceburg, IN
Lebanon, IN	Linton, IN
Logansport, IN	Madison, IN
Lowell, IN	Martinsville, IN
Marion, IN	Michigan City, IN (2)
Merrillville, IN	Mooresville, IN
Monticello, IN	Muncie, IN
Mt. Vernon, IN	New Haven, IN
New Castle, IN	Paoli, IN
North Vernon, IN	Plymouth, IN
Plainfield, IN	Princeton, IN
Portage, IN	Rochester, IN
Rensselaer, IN	Seymour, IN
Schereville, IN	South Bend, IN
Shelbyville, IN	Syracuse, IN
Spencer, IN	Valparaiso, IN
Terre Haute, IN	Wabash, IN
Vincennes. IN	West Terre Haute, IN
Warsaw, IN	Woodburn, IN
Westfield, IN	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,

#### **State Assistance Programs**

Indiana Pregnancy and Parenting Support	Indiana Child Care and Development Fund
Healthy Indiana Plan	Hoosier Healthwise
Indiana Diaper Banks	My Health Baby Program
Women, Infants and Children (WIC)	Indiana Pregnancy Promise Program
Temporary Assistance for Needy Families	Head Start



## **Indiana Public Assistance Programs**

My Healthy Baby Program My Healthy Baby connects pregnant women to family support providers in their own community. A family support provider offers free, personalized guidance and support to the woman during her pregnancy and for at least the first 12 months after her baby's birth.

My Healthy Baby is a collaboration between the <u>Indiana Department of Health</u>, the <u>Indiana Family and Social Services Administration</u> (FSSA) and the <u>Indiana Department of Child Services</u> (DCS). This initiative is building a network of services and support to wrap our arms around moms and babies to create healthier outcomes for both. It was established by House Enrolled Act 1007, which was signed into law by Gov. Eric Holcomb in 2019.

Our Helpline Specialists offer information and referral assistance on a variety of topics, such as:

- Women, Infants, & Children (WIC) Program
- Infant Health Programs (Safe Sleep, Baby & Me Tobacco Free)
- Educational Resources
- Local Primary Care Providers
- Obstetricians & Gynecologists (OB/GYN)
- Pediatricians & Dentists

Certified navigators who can assist callers applying for benefits such as:

#### Medicaid

- Hoosier Healthwise (HHW)
- Children's Health Insurance Plan (CHIP)
- Healthy Indiana Plan (HIP) 2.0
- Supplemental Nutrition Assistance Program (SNAP)

**Children's Special Health Care Services** - Offering to help pay for bills and debts that are from the treatment related to their child's condition, this supplemental health care program will assist Indiana single moms with children that suffer from chronic, serious medical conditions. **800-475-1355** 

Indiana Child Care and Development Fund (CCDF)\*\*The state will pay for a portion of your child care costs as long as you are a single mom or a family that is currently working or enrolled in school. 800-299-1627 for more information.

**Healthy Indiana Plan** (HIP). Destined for uninsured Hoosier adults and single moms between the ages of 19-64, HIP is a health insurance plan that provides services that include a basic commercial health care benefit package once a patient's annual medical costs exceed \$1.100.

Also, the plan participants can receive coverage for preventive services up to \$500 a year at no cost this being a great plan to help with medical bills and debt. **877-438-4479** 

Hoosier Healthwise Single moms, pregnant women, children, and low income parents/caretakers can receive health insurance in Indiana from the Hoosier Healthwise benefit program. Indiana families enrolled in the program can receive health care at little or no cost. A doctor needs to be chosen by the enrolled member where they can get regular checkups and health care for illnesses. As part of the Hoosier Healthwise Program, other health needs such dental care, prescriptions, vision care, family planning services, and mental health services are also available. 800-403-0864 for more information on eligibility and benefits.

**Indiana Diaper Banks:** The National Diaper Bank Network (NDBN) connects and supports more than 225 community-based diaper banks that collect, store and distribute free diapers to struggling families. The Network serves nearly 280,000 children throughout the country each month. Indiana Diaper Bank locations include:

- Bloomington All-Options Pregnancy Resource Center
- Fort Wayne The Shepherd's Hand Community Outreach Center
- Fort Wayne Healthier Moms and Babies Inc.
- Hammond Franciscan Health Diaper Depot
- Indianapolis Indiana Diaper Bank (16 locations)
- Merriville Diaper Resource Center at Food Bank of Northwest Indiana
- Muncie The Diaper Bank of East Central Indiana
- Terre Haute Covered With Love, Inc.
- New Whiteland Indiana Diaper Source
- Liberty Community Care in Union County, Inc.
- Frankton 1<sup>st</sup> United Methodist Church
- New Castle Henry County Pregnancy Center
- Lebanon Lebanon Church of Christ
- Brownstown Serenity Closet

Free Prescription Drug Card All Indiana residents can receive free drug cards from the free Indiana drug card program. The card will provide substantial pharmacy discounts on prescription drugs and medicines, if used by people at the local pharmacy. There is no cost to using the card and thousands of pharmacies across the state will accept it.

Women, Infants, and Children (WIC): WIC is a federally funded nutrition program that helps pregnant moms, new mothers, infants, and children eat well and stay healthy. The Indiana WIC Program currently works with approximately 150 non-profit clinics in all 92 counties to provide Indiana WIC services to applicants.

Indiana Pregnancy Promise Program The Indiana Pregnancy Promise Program is a free, voluntary program for pregnant Medicaid members who use opioids or have used opioids in the past. The program ensures individuals' privacy and confidentiality. The Pregnancy Promise Program connects individuals to prenatal and postpartum care, other physical and mental health care, and treatment for opioid use disorder. The Pregnancy Promise Program provides support

during the prenatal period and for 12 months after the end of pregnancy. Through these supports and relationships, the Pregnancy Promise Program provides hope to parents and babies and sets a strong foundation for their future. Now offering a child care benefit for all enrollees.

**Indiana's Food Stamp Program** Low income households in Indiana can have their nutritional levels increased with the help of this program that was created for that purpose alone. Call **800-403-0864** to learn more on how to apply.

**Temporary Assistance for Needy Families** (TANF)\*\*With the goal to assist Indiana families and single mothers and help them become economically self-sufficient, TANF is an assistance program that provides cash grants, aid, and various supportive services. **800-403-0864** 

Indiana State Law Calls for "Poor Relief" Poor relief" is provided to single mothers by Indiana's 1,000+ towns, local governments and townships following the legislation that has been in effect in Indiana since 1894. Rent help, utility bill assistance, food, housing, and medical assistance are some of the many things included in this relief.

**Head Start** Head Start is a Federal program that aims to enhance the cognitive, emotional, and social development of children from birth to age five from low income families making sure they are school ready. Language, literacy, and social and emotional development are some area where the program can support a child's growth. The role of parents is emphasized by the program as their child's first and most important teacher. To find a Head Start or Early Head Start program near you, call **866-763-6481**.

Indiana Foreclosure Help and Mortgage Assistance There are different Indiana organizations and programs that can help you with paying your mortgage while at the same time providing resources such as mediation, moratoriums, and free counseling. Adding to this, there are many non-profit agencies that are HUD approved. Hoosiers facing foreclosure, whether immediate or in the distant future, may call a toll-free number, 877-GET-HOPE.

Consolidate Debts, Advice for Personal Loans, and Budgeting There are numerous non-profits spread across the state that can help with paying bills, debts, and other loans, while at the same time credit counselors and other organizations can be called for help. To contact \$0 Debt Goal Inc. call for support or an appointment at 877-376-8070.

**Emergency Financial Assistance and Referrals in Indiana** With the possibility to refer individuals to government aid, provide emergency rental assistance, money for utilities, food, medications and more, call or stop by your local Salvation Army, a non-profit charity organization.

Free Legal Aid Non-profit law firms can help people deal with civic legal cases, while there are programs in Indiana that offer free legal assistance and representation. To contact Indiana Legal Services call 317-631-9410.

Government Grants and Employment Programs: Your community action agency represents a resource if you find yourself needing help finding a job or a new skill, or if you need short term

assistance for basic needs. Transportation, food, emergency cash grants, and job training are some of the things included in the program. WorkOne centers are the ones offering job search, career counseling and other employment resources and it's also where you can participate with a specialist on finding a new job, gaining new skills from training and increasing your education level. To contact the Indiana Department of Workforce Development call **800-891-6499**.

Indiana Manpower and Comprehensive Training (IMPACT)\*\*In order to help recipients obtain economic self-sufficiency through training, education, job search and placement activities, this program offers a set of services to recipients of Food Stamps and TANF. The Local Office of Family and Children in your county is where you can apply. 855-673-0167 to contact the Division of Family Resources for more information on the program.

**Telephone Assistance in Indiana** A discount on their monthly cell phone or land bills can be offered to low income single moms and those on public aid. A new service for income qualified households can be established with the help of government programs and Lifeline. **888-441-2494.** 

**Energy Bill Assistance** There are several different utility and heating bill assistance programs, most of which can provide some form of financial assistance to help the low income and other qualified individuals pay their bills across the whole state of Indiana. Call **317-924-331** to contact Citizen Gas for assistance.